



The Glen Echo

Newsletter of Fairlington Glen

February 2022

Getting Things Done in the Glen

As a co-owner or renter in the Glen, it's important to know who to contact when problems arise. This basic information should help to point you in the right direction.

If you spot a maintenance problem for which the Glen is responsible or see a tree on Glen property that is downed or unsafe, then please contact our onsite staff. A simple email to Nelson Ordoñez and María Castro at fairlingtonglenstaff@hotmail.com is the best course of action. And please copy our onsite manager, Amy Steliga of Cardinal Management Group. Her email is a.steliga@cardinalmanagementgroup.com. If the issue involves your court, then be sure to copy your Court Rep as well. Amy will determine, subject to Board policy, how and when your problem will be solved. If it's a simple maintenance issue, then Nelson & Maria are usually familiar enough with most problems and can get to work right away on a solution.

Board members are charged with establishing the general policies and direction of the Glen, not with managing day-to-day operations. Contact Board members or attend a monthly Board meeting (the second Tuesday of every month) if you believe that staff has not adequately addressed your problem or if you want to propose changes in the general direction or policies of the Glen. The first 30 minutes of every Board meeting is dedicated to our Residents' Forum.

In each newsletter, and also posted to our website, is the Fairlington Glen contact list. This contains important information about Cardinal Management Group, Board Members, Court Representatives, and other coordinators and committee chairs. These are knowledgeable folks who can advise you about a variety of Glen-related matters such as variances, pool operations, the basketball and tennis courts, and Glen finances. Remember, it's always better to ask when in doubt. It's even a great idea to print the contact list and keep it in a handy place so when the need arises you'll know where to turn.

Jay Yianilos / Editor

The *Glen Echo* is published monthly. Our editor is always looking for ideas or input. Please email him at jasonyianilos@yahoo.com.

The *Glen Echo* is published online each month on the Glen website, at <https://www.fairlingtonglen.com>. To be notified by email when the latest edition is published, with a link to the newsletter, sign up for Glen Alerts via the Glen's website. Your email address will only be used for official Glen business.

Latest News From the Board

The Fairlington Glen Board of Directors held their monthly meeting on Tuesday, January 11, 2022, online via Zoom. Here are some of the highlights.

APPROVED

Moved to approve a contract with CCA Floors & Interiors in the amount of \$6,605 to clean the 23 B-building common hallway carpets and floors.

Moved to approve the painting specs for exterior painting of Courts 5-8 in 2022.

Moved to authorize Cardinal Management to ask legal counsel to send a demand letter to Verizon requesting reimbursement for the damaged pipe as noted in the Task List. The Treasurer noted that the management agent may start with a phone call to Verizon about this issue.

Moved to approve the revised landscape contract with Professional Grounds, Inc. in the amount of \$93,828 (exceeds our budget of \$88,208, but our contingency funds will cover the difference).

NOTES

Planning is underway for the 2022 pool season by the Pool Committee and Atlantic Pool Service, Inc., our pool contractor. Atlantic is starting to approach international guards for our pool this summer, and some are responding. If there are new travel restrictions as we get closer to pool season, then we will recruit local lifeguards only. Pool Committee Co-chair Lori Derkay requested to have a contingency fund to attract local guards, if needed, and the Board moved to unanimously approve the incentive fund of up to \$1,000. Atlantic will submit a proposal for the purchase and installation of a handicap lift for the pool after the Board decides the type to purchase.

NEXT MEETING

The next monthly Board meeting is scheduled on Tuesday, February 8, 2022, at 6:30pm. The Fairlington Community Center has reopened, but due to COVID-19 concerns, the meeting will be held virtually via Zoom. Details to access the meeting will be announced as we get closer to the date.

PRESIDENTS DAY - Monday, February 21

Just a reminder...



Cardinal Management Group and the Glen's onsite staff & onsite manager will be off. Regular office hours resume on Tuesday, February 22.

Renovation Plans? Remember Your Neighbors

Work contracted for improvements and repairs is a necessary part of Glen homeownership, but Glen residents need to do the work at reasonable times and only after proper notice to their neighbors. Consider this to be your neighborly responsibility.



Please let your contractor know about the appropriate working hours in the Glen. And with more of our residents working from home during the ongoing pandemic, it's even more important that your neighbors get a heads up on your plans.

The recently-updated Glen Handbook currently provides as follows:

NOISE

Residents shall not make or permit any noises that will disturb or annoy the occupants of any units or do or permit anything to be done that will interfere with the rights, comfort, or convenience of other residents, particularly during nighttime hours, 10:00pm to 8:00am. Construction renovation is prohibited generally from 6:00pm to 8:00am. Residents shall also avoid excessive noise during activities in the common areas (e.g., recreational activities) so as not to inconvenience their neighbors.

To give their neighbors time to take steps to minimize their exposure to noise from construction or renovation projects, residents shall, before beginning such projects: (1) notify their neighbors five days before beginning work; and (2) give them their best estimate of how long the work will take.

Thank you for your attention to this important matter.

Prevent FOG; Can the Grease!



As you will read on page four of this month's newsletter, we must care for our aging sewer system here in Fairlington. But whether you have an aging sewer system or a brand new one, you must always prevent FOG - Fats, Oils, & Grease - from entering the pipes.

Pouring fats, oils, and grease down your sink or into toilets creates blockages in your sewer system because those items harden as they cool and cling to the walls of sanitary sewer pipes. FOG in your pipes can lead to raw sewage overflowing into your home, expensive repairs, health risks from exposure to contaminants found in sewage, and odor problems.

Instead, save your cash and put the FOG in the trash!

Keep this in mind when you're cooking and cleaning up in the kitchen, such as when you make bacon, brown ground beef, or get ready to dispose of salad dressings made from oil.

Caring for Our Aging Sewer System



We need the help of all residents in caring for our aging sewer system, which was built during the 1940's and has handled newly added bathrooms and garbage disposals since condo conversion in the 1970's. In 2009, Fairlington Glen completed a major project to replace or reline its sewer laterals. Nonetheless, they still need to be treated with care, as the original lines are terra cotta.

Units in each building share a single sewer lateral to the County sewer line. It is important to remember that everything water borne in a building, whether from sink,

bathtub, washing machines, or toilets, exits the building through this single lateral. That means that we all need to be careful what we put down our garbage disposals and in our toilets. If something gets clogged up before it can get to the main lateral, the unit in each building with the low basement (sometimes referred to as a "high ceiling") is most likely to experience the backup overflow. If waste continues to enter the system, it can sometimes cause an overflow in other units.

The rule of thumb in Fairlington is "less is more" when using a garbage disposal. Please use your disposal only for bits of food left when working at the sink. Our plumbing systems were not originally designed for garbage disposals, and were retrofitted in the 1970's onto a system built during WWII. In particular, please do not put **celery, onions, pulpy fruits, grease, pasta, rice, coffee grounds, corn husks, potato peels, shrimp shells, bones, caulk, paint or anything substantial** down the garbage disposal. Flush the disposal with cold water even after turning it off to assure that waste gets through the system.

The rule on toilets is that only human waste and toilet tissue should go into the toilet. Please do not put **tampons, sanitary napkins, condoms, large wads of toilet paper, disposable diapers, adult & baby wipes, napkins, tissues, paper towels, newspaper, dental floss or pet waste and litter** into the toilet.

And as noted on page 3 of this newsletter, keep FOG - fats, oils, and grease - out of the pipes.

Please be sure your guests, babysitters, and contractors are aware of this important information. And don't be afraid to tell new neighbors about this practice.

One of the great things about Fairlington Glen is that we have trash pickup six days a week, and on holidays except for Thanksgiving, Christmas, and New Year's Day. Please be a good neighbor and put the waste noted above in **bold letters** into your daily trash rather than in our fragile sewer system.

Thanks!

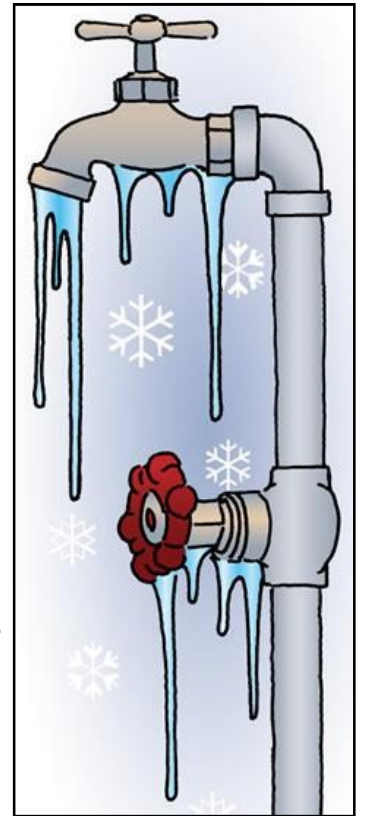
Pipes Within Units are Co-owner Responsibilities

Co-owners are responsible for all pipes within their units including those that pass through their units but serve other units. Burst pipes are the co-owner's responsibility, so be sure to take precautions.

During the winter months, all residents should shut off water to outside faucets, remove hoses, and open outside spigots. Also, thermostats should be set no lower than 55 degrees to protect indoor pipes. If you are going out of town during the winter months, **DO NOT TURN OFF YOUR HEAT!**

You should also know where your unit's main water supply valve is located so you can quickly shut off the water to your unit if a pipe breaks. If pipes are exposed to cold air, wrap them with insulation. The most vulnerable pipes are along exterior walls and those that bring water into a home or building at its foundation. If you see any leakage on the common intake side of your shut-off valve, call a plumber without delay because water flowing to that segment can only be cut off from outside the building.

During periods of extreme below freezing temperatures outside, keep pipes inside in kitchen cabinets and bathroom vanities warm by opening the doors to the cabinets and vanities to let heat in. Also, keep an upper-floor cold water tap open just enough for a drip to keep water moving through the pipes. Be sure to keep an eye on the tap.



Sink Backups are Also Co-owner Responsibilities



As is the case with water supply pipes, water drainage lines (whether from the kitchen, bathroom, or laundry area) are unit components and are therefore the maintenance and repair responsibility of individual co-owners to the point where they exit through the underground sanitary sewer system beneath the basement floor slab.

Fixing drainage problems, especially from sinks, sometimes requires cooperation between two adjoining co-owners, whose lines are in the wall that separates the units, with ownership extending to the center line. Drain lines may converge to a single line in the wall, requiring a plumber to access the line from one or both units. This is true whether the units are in a B-building or are two townhouses whose kitchens back to each other. In a B-building, of course, fixing sink back ups often requires the cooperation and shared expense of four co-owners/residents.

Always refer to the Chart of Maintenance, Repair and Replacement Responsibilities contained in Policy Resolution 07-1 and found on pages 94-95 of the Glen Handbook.

Capital Bikeshare Station Installed at Bradlee



Capital Bikeshare's newest location near the Bradlee Shopping Center.

Capital Bikeshare is metro DC's bikeshare service, with 5,000 bikes and 600+ stations across seven jurisdictions: Washington, DC.; Arlington, VA; Alexandria, VA; Montgomery, MD; Prince George's County, MD; Fairfax County, VA; and the City of Falls Church, VA. Designed for quick trips with convenience in mind, it's a fun and affordable way to get around.

Capital Bikeshare is always exploring options to add new bike stations, and recently one was added close to the Glen near the Bradlee Shopping Center. The new station is at the intersection of King Street and W. Brad-dock Road, not far from other nearby stations.

Next time you need to make a short trip, consider renting a bike. Capital Bikeshare is often faster than other modes of transportations. It's quick to grab a bike when you need one and it's convenient to drop it off at any station when you're done.

Plus, this can save fuel, save money, and is a healthy form of exercise!

To find out more about pricing and locations, visit www.capitalbikeshare.com.

LIFEGUARDS

Wanted for Summer Employment

Atlantic Pool Service, Inc., is looking for lifeguards to work this summer in the Fairlington Glen community. Atlantic is one of the highest paying pool companies in Northern Virginia.

For applications and information regarding discounted certification, please call

Atlantic Pool Service, Inc.

703-941-1000

Or email at atlanticpoolinc@aol.com

(Lifeguard certifications are not required at time of hire)

Fairlington 5K Returns on May 7

After a two-year hiatus due to the pandemic, the Fairlington 5K & 1K Family Fun Run is set to return on Saturday, May 7 at 8:30am. Mark your calendars, start training, and get registered now.

The Fairlington 5K & 1K Family Fun Run is a non-competitive, family-friendly, dog-friendly event hosted in coordination with the Fairlington Civic Association (FCA), A Cure for Ellie, and Abingdon Elementary. Their mission is to promote health and physical fitness, while bringing the community together for a good cause. Money raised goes to support physical education programs at Abingdon Elementary, as well as research into LBSL – a rare brain and spinal cord disease affecting 13-year old Fairlington resident Ellie McGinn.



Glen co-owner Keith June at the 2017 Fairlington 5K

Over its first 6 years, the Fairlington 5K raised over \$100,000 to kick start medical research at the Kennedy Krieger Institute in Baltimore that we hope will cure Ellie's rare, degenerative condition, which slowly robs kids of their ability to walk. The research team is currently exploring a number of potential drug therapies, including small molecule, ASO and gene therapy.

As always, the 5K will start near Abingdon Elementary School, cross the I-395 overpass, wind past the Fairlington Community Center, pass thru the Glen, and then end back at the school. There is an optional 1K walk & fun run for families with small children.

Dogs and strollers are always welcome. Temporary road closures will be announced prior to the event so that Fairlington residents can plan accordingly that day.

For more information or to register, visit www.fairlington5k.com.

REGISTRATION INFO

Adult early bird registration is \$30 until April 2, and then will be \$35 after that point.

Kids ages 6-16 5K registration is \$20.

1K Family Fun Run is \$15 / Kids age 5 and under are FREE

REGISTER EARLY FOR YOUR FREE T-SHIRT

Do Not Leave Vehicles Running Unattended



The Arlington County Police Department (ACPD) is warning residents against leaving vehicles running unattended and is sharing crime prevention tips to help combat auto thefts.

In many cases, idling vehicles that are stolen occurred when the victims were running short errands, such as picking up food or making a purchase at a convenience store, at the time of the motor vehicle thefts. That's why it's important to never leave the area while your vehicle is running, even for a brief or short duration of time.

Help Prevent Auto Theft with these Crime Prevention Tips:

Motor vehicle thefts are often crimes of opportunity with thieves taking advantage of unattended vehicles left running or with the keys inside. The ACPD recommends following these safety tips to keep your vehicles and property safe.

- Remain aware of your surroundings and park in well-lit areas.
- Close and lock all windows and doors when you park. Double click the lock button on the key fob to receive a confirmation beep/chirp or pull on the door handle to verify it's locked.
- Do not leave your keys, key fobs, or valet keys in your vehicle. This includes keys to a secondary vehicle.
- Ensure that your vehicle is turned OFF when leaving it unattended. Vehicles with keyless ignition systems can be driven for extended periods of time even if the key fob is not inside the car. Be sure to read your owner's manual carefully and familiarize yourself with how to operate your vehicle's keyless ignition system properly.
- Keep information, such as the make, model, model year, license plate and VIN (Vehicle Identification Number) easily accessible in the event your vehicle is stolen.

Report Criminal Activity to Police for Investigation

Arlington County Police officers proactively patrol Arlington's neighborhoods to identify and prevent criminal activity. The department's efforts are enhanced by the active involvement of members of the public. When the public calls to report criminal activity, they aid not only the police, but also help to make their neighborhoods a safer place to live and work.

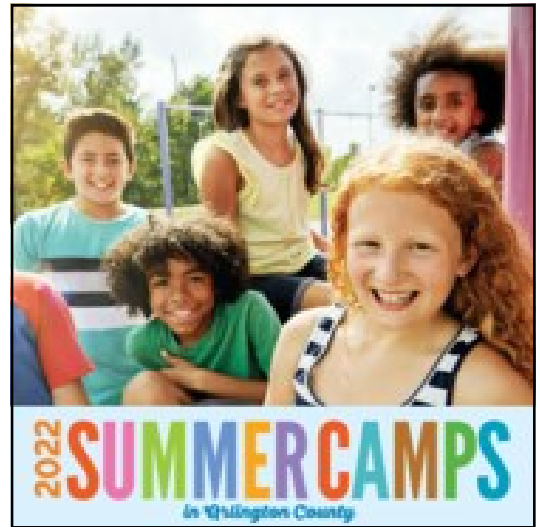
Community members observing criminal incidents should contact the Emergency Communications Center at 703-558-2222. If you see a suspect in your vehicle, do not approach them. Instead dial 9-1-1 immediately.

Get Ready for Summer Camps

Arlington County Parks & Recreation is excited to deliver its 2022 Summer Camp Catalog that includes ten weeks of camps from June 21 - August 26.

Registration for Arlington residents opens Wednesday, February 23.

Explore their online Summer Camp Catalog for camps that keep kids engaged, active, and focused on expanding their horizons. There are lots of choices, safe and inviting environments, and the chance for children to develop strong bonds with their community. For more information, visit www.arlingtonva.us/Government/Departments/Parks-Recreation/Programs/Camps/Summer-Camps.



To help you prepare for summer camp before registration begins, visit the open house on Saturday, February 19 from 9:00am to 4:00pm. Stop by their safe and socially-distanced office at the Lubber Run Community Center to create an account, get log-in information, renew or apply for fee reductions, drop off registration forms, set up payment plans, and more. Masks are required.



Want to have a blast this summer and make money doing it? Arlington County is looking for creative, enthusiastic, committed, and sincere people who want to have fun to staff their summer camps. Great for teachers, college students, and anyone who wants experience working with the best kids in the nation - Arlington kids! You can also support special interests in the arts, nature, sports, or working with individuals with disabilities. Interested? You can apply starting Friday, February 4. Find out more info at www.arlingtonva.us/Government/Departments/Parks-Recreation/Programs/Camps/Employment-Opportunities-Parks-Recreation.

For more information about summer camps in Arlington, please call 703-228-4747.

PLEASE USE THE CORRECT GLEN EMAIL ADDRESS

To communicate by email with Glen staff about maintenance and other community problems, please use fairlingtonlenstaff@hotmail.com.

Do not continue to use fairlingtonlen3m@verizon.net. Since 2016, that older mailbox has been used by Glen management only to do business with Glen contractors. It is not checked routinely for maintenance problems. Please delete this address from your address book.

Police Now Accepting Citizen Applications



The Arlington County Police Department (ACPD) is now accepting applications for the 26th Community Police Academy (CPA), formerly the Citizen's Police Academy. The CPA is an educational program designed to create better understanding and communication between police and the community they serve. The intent of the CPA is to make participants aware of how the Arlington County Police Department operates and its role in the community.

"The Community Police Academy is an integral part of our efforts to foster mutual understanding between our department and the community we serve," said Deputy Chief Wayne Vincent. "The CPA provides an opportunity to share our training, experiences, and best practices, in an environment where we can engage in meaningful discussion with participants and listen and learn from their experiences."

Through an immersive, multi-week experience, participants will gain knowledge and understanding of how police officers are trained, their daily work environment, and the wide scope of work they perform in service to the Arlington community. The program includes lectures, panel discussions, question and answer sessions, and hands-on experiences, including a special session at the Northern Virginia Criminal Justice Training Academy. Some of the topics covered in the CPA curriculum include recruitment, legal considerations, use of force, mental health, interventions, homeless outreach, community and youth outreach, criminal investigations, the K9 unit, tactical operations, and patrol operations.

The CPA is an eight-week program beginning on Thursday, March 3. Classes are presented by Departmental leadership, sworn and civilian staff from across the agency, and government partners. Participants will engage in thought-provoking discussions, including those about current events and best practices in law enforcement, and can ask questions of presenters throughout the program.

Classes will take place on Thursdays from 6:30pm to 9:30pm at the Arlington County Trades Center (2700 S. Taylor Street). One session will take place on a Saturday at an off-site location, outside of Arlington County. To receive a graduation certificate, participants must attend at least six out of eight sessions. Participants will be required to wear a mask and social distancing protocols will be in place. Should local public health mandates change, the program may shift to a virtual format, however, every effort will be made to safely hold sessions in-person.

Interested applicants must be at least 18 years old and should live, work, attend school, or be otherwise affiliated or engaged with Arlington community organizations. Due to the nature of the material covered in the CPA, a background check will be completed on each applicant. Class size is limited, and every effort will be made to maintain a balanced enrollment reflective of Arlington's diverse community. **Online applications are due no later than Friday, February 14, 2022 at 5:00pm.**

For more information about the CPA, contact Sergeant J. Senn of the Department's Community Outreach Unit at ACPDSouthOutreach@arlingtonva.us.

Stay Warm, but Please Stay Safe

As we continue with this cold, windy winter, residents are turning up the heat in their homes or using alternatives such as space heaters. According to the National Fire Protection Association (NFPA), space heaters account for one third of all home fires and 80% of home heating fire deaths. So if you're using a space heater, you'll want to make note of the following safety tips:



1. Plug your space heater directly into the wall outlet.
2. Buy a unit with an automatic shut-off in case the unit tips over, or you forget to switch it off.
3. Keep space heaters at a safe distance (at least three feet) from kids, pets, and flammable items.
4. Always follow the directions. Take broken space heaters to a qualified appliance service center for repairs or replace it with a new one.

When using a space heater, never leave it unattended and always unplug it before leaving the house or going to bed. To avoid tripping hazards, do not operate space heaters with extension cords. Avoid placing your space heater near curtains, clothing, furniture, or bedding. Don't put your space heater in your bathroom as the moisture can damage the unit and cause it to malfunction.

GET VACCINATED / GET BOOSTED / KEEP MASKING / SEEK TESTING

The Virginia Department of Health reminds you that community COVID-19 vaccination centers are open across Virginia. Appointments are available for all COVID-19 vaccines and boosters.

To schedule an appointment or get more information, visit www.vaccinate.virginia.gov.

Community Vaccination Centers are open!

- First & Second Doses
- Boosters
- Vaccines for kids ages 5-11



Fairlington Glen Contact List (February 2022)

BOARD OF DIRECTORS

President	Charlie Robbins	3534 S. Stafford	703-907-9842	cbrobbins63@gmail.com
Vice President	Jeremy Wiedemann	4172 S. 36th	323-434-3260	jmwiedemann.fairlington.glen@gmail.com
Treasurer	Maynard Dixon	4316 S. 35th	703-909-4562	maynarddixon@verizon.net
Secretary	Susan Hunchar	4327 S. 36th	703-402-3228	susanhunchar.fairlingtonglen@gmail.com
At Large	TJ Doyle	4134 S. 36th	202-306-5291	tj.doyle.fairlington.glen@gmail.com

COURT REPRESENTATIVES GROUP (CRG) / Chair Michael Wells (Court 7)

1 (27 units)	Allison Merhaut	3507B S. Stafford	412-996-7518	allison.merhaut@gmail.com
2 (26)	Thora Stanwood	3551 S. Stafford, #A1		thorastanwood@gmail.com
3 (27)	Daniel Oakley	3561 S. Stafford	704-996-2231	daoakley@gmail.com
4 (23)	Elizabeth Dreazen	4133 S. 36th	847-208-0198	edreazen@aol.com
5 (17)	Florence Ferraro	4118 S. 36th, #B2	703-927-6950	fdferraro1@verizon.net
6 (24)	Jeremy Wiedemann	4172 S. 36th	323-434-3260	jmwiedemann.fairlington.glen@gmail.com
7 (16)	Michael Wells	4208 S. 36th	571-429-1018	mike_8453@yahoo.com
8 (16)	Chris Bell	3617 S. Taylor	850-723-5814	bellcrt@yahoo.com
9 (22)	Roxanne Sykes	3513 S. Utah	703-567-4865	roxannesykes@comcast.net
10 (25)	Carol Goodloe	4343 S. 36th	703-379-7260	cagoodloe@comcast.net

VOLUNTEER NEEDED

11 (22)	Lori Derkay	3566 S. Stafford	703-379-2895	lori.derkay@outlook.com
12 (22)	Charlie Robbins	3534 S. Stafford	703-907-9842	cbrobbins63@gmail.com
13 (23)	Ellen McDermott	4206 S. 35th	703-575-7864	ellenmcdermott@yahoo.com
14 (14)	Mike Hahn	4270 S. 35th, #A2	703-578-3138	mhahn10262@cs.com
15 (36)	Maynard Dixon	4316 S. 35th	703-909-4562	maynarddixon@verizon.net

COORDINATORS and COMMITTEE CHAIRS

Archivist	Maynard Dixon	4316 S. 35th	703-909-4562	maynarddixon@verizon.net
Basketball	Patrick Murray	4144 S. 36th	703-945-5224	pgmurray@att.net
Finance	Maynard Dixon	4316 S. 35th	703-909-4562	maynarddixon@verizon.net
Glen Echo	Jay Yianilos			jasonyianilos@yahoo.com
Landscape	VOLUNTEER NEEDED			glenlandscaping@gmail.com
Pool (co-chairs)	Lori Derkay - 703-379-2895 lori.derkay@outlook.com / Carol Goodloe - 703-232-5142 cagoodloe@comcast.net			
Tennis (co-chairs)	Carol Goodloe - 703-232-5142 cagoodloe@comcast.net / Sandy Thurston - 703-244-2761 sandy2swim@gmail.com			
Variance	Greg Lukmire	4234 S 35th	703-795-5865	glukmire@verizon.net
Onsite Staff	María Castro and Nelson Ordoñez		703-820-9567	fairlingtonglenstaff@hotmail.com
Property Manager	Candace Lewis, Cardinal Management		703-565-5244	c.lewis@cardinalmanagementgroup.com
Onsite Manager	Amy Steliga (Amy's office hours: Monday thru Thursday 10:00am - 2:00pm and Friday 8:00am - noon)		703-820-9567	a.steliga@cardinalmanagementgroup.com

EMERGENCY NUMBER (after business hours and on weekends and holidays) 703-569-5797

NOTE: The Glen does not retain contractors for, or allow staff to undertake, repairs that are a co-owner responsibility under its By-laws (such as sink backups), absent emergency where the co-owner is unable to act (disabled, out-of-town, etc.).

February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 	3	4	5 Bulk Trash Pick Up
6	7	8 Board Meeting - 6:30pm	9	10	11	12
13	14 	15	16	17	18	19
20	21 	22	23	24	25	26
27	28					

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Bulk Trash Pick Up
6	7	8 Board Meeting - 6:30pm	9	10	11	12
13 	14	15	16	17 	18	19
20 	21	22	23	24	25	26
27	28	29	30	31		